



# FREE INJURY EVALUATIONS



## Free Injury Screenings, Assessments, & Consultations

**Any MVP Physical Therapy Location  
13 Locations in the Puget Sound (including @ Starfire)  
MVPpt.com**

Injuries, aches, and tweaks happen all the time, now you have a friend to ask about what you can do to recover from or prevent your next injury.

The best part, it's FREE.

Any GRFC players (& family or friends) can come to a MVP Physical Therapy location to have their ache, pain, sprain, or injury assessed.

### **What Services Are Provided In The Bumps & Bruise Clinic?**

- screening examination
- treatment (if warranted)
- suggestions for injury management
- physician referral in the situation of a significant injury

### **Who Is Eligible To Attend the Bumps & Bruise Clinic?**

- Student athletes
- Any individual who has experienced a recent injury from participating in a sport or leisure activity
- Any one with a nagging pain that they'd like to relieve.
- Kids, Adults / Family or Friends.

