



# Greater Renton Junior Academy

Introducing Greater Renton Football Club's new Junior Academy program developed to enhance the playing experiences of u-8 and u-9 players. The program will provide 14 one hour training sessions and 7 one hour game day sessions that will focus on the joy of playing along with gaining confidence with the ball by improving the player's ability to pass, finish, dribble, and receive. This program is open to all.

Dates: Feb. 1,3,6,8,10,13,22,24,27

Mar. 1,3,6,8,10,13,15,17,20,22,24,27

Cost: 175\$ Log on to the GRFC website to register between Jan. 11<sup>th</sup> – Jan 29<sup>th</sup>

(Space is limited to ensure low player:coach ratio)

Time: Boys: 5:00pm - 6:00pm Mon/Weds

Girls: 6:00pm – 7:00pm Mon/Weds

Saturday "Game day" to be arranged

Location: Starfire complex field #4/ Game day field to be arranged

Coaching Staff:

Sessions will be run by Keith Larson GRFC Junior Academy Director. Keith is an A license coach and has 20 years of experience with academy style training. He brings an innovative approach while balancing the joy of the game along with excellent technical development.

Equipment needs:

T-shirt provided with registration fee

Bring shin guards and water, **no ball needed**